



# SHERBORNE HOUSE SCHOOL

## Ready for Reception

Ensuring your child's transition from Nursery to Reception is as seamless as possible for you and your child


### What can you do to help?

In Reception, children are encouraged to select their own resources for the activities they wish to complete. Encouraging your child to do this independently at home without reassurance from an adult, will help your child become a confident learner

Dressing and undressing from school uniform to P.E kit can be tricky. Encouraging your child to dress themselves at home can be really good preparation. Why not start with something easier such as putting on their own pyjamas for bed - using 'easy' elasticated clothing. Don't worry if it's the wrong way round or inside out to begin with! As they gain confidence, model how to turn a t-shirt or tights the right way round before putting them on

Phonics is an integral part of Reception year. It is through phonics that children gain the skills they need to become competent readers and writers. Sharing stories with your child regularly will really help with preparation for Reception

Children who arrive at school flustered, struggle to settle for the rest of the day. Prepare for new routines by practising getting up at a certain time, getting dressed and having breakfast. Children adapt quickly but having a familiar routine will support the transition process



Being able to play as part of a group and share toys and activities with other children is really important. Giving your child exposure to situations where they are required to wait a turn or share with other children will be really helpful in their development

To become a confident writer with strong fine motor skills, good control of the hand muscles is really important. You can help your child develop their fine motor skills at home by playing with small objects such as lego, beads and puzzles. Self care activities such as tying shoelaces and using a knife and fork to eat food, all require a degree of fine motor control

Encourage your child to retell familiar stories, make props together and act it out

And finally, talk about school and discuss what it will be like. Small things may come up which are unique to your child so by knowing about these in advance, you can prepare together