



**SHERBORNE HOUSE
SCHOOL**

Sex and Relationships Education (SRE) Policy

This policy applies to all pupils in the school,
including Reception - Year 6

Created	July 2015
Revised	June 2019
Date for revision	June 2020

Aims

At Sherborne House School, part of the BELLEVUE group of schools, the teaching of Sex and Relationships Education (SRE) across the curriculum is a vital part of our children's education.

SRE concerns the emotional, social and cultural development of pupils including learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

Our aim of SRE teaching is to ensure that our children:

- develop feelings of self-respect, self-esteem, self-confidence, sympathy and empathy
- to promote a positive self-image
- to prepare our children for puberty (equipping them with information and knowledge)
- to develop feelings of respect and care for their bodies
- to value themselves and others
- to make safe choices and take responsibility for their actions
- to understand the importance of family life and that all families are not the same
- to keep safe in relationships and keep their bodies safe
- to keep safe on-line
- to support children in taking responsibility for their actions and the consequences of their actions.
- to teach children the use of correct vocabulary to describe themselves and their bodies

The DfE guidance states that Sex and Relationship Education should contribute to promoting the spiritual, moral, cultural, mental and physical development of students. It should stress the importance of relationships for family life, stable and loving interactions, respect, love and care and the teaching of sex, sexuality and sexual health.

The development of a secure understanding of the key five areas of British Values and Citizenship is an integral part of the teaching in our school. We aim to ensure that these fundamental 'British Values' (democracy, the rule of law, individual liberty, mutual respect and tolerance of those with different faiths and beliefs) are embedded across the whole school and are being actively promoted. Therefore, with regard to the teaching of Sex and Relationships Education the British values of tolerance, mutual respect and individual liberty are particularly important.

The mental health of our pupils and emotional well-being is of paramount importance and the confidence and self-esteem of pupils should be developed by staff at every opportunity.

Our aims encompass helping children make informed personal and social choices. They should also be educated in the ways they can ask for help should they ever feel distressed or uncomfortable in a situation. At Sherborne House School, our Sex and Relationships Education is not used as a means of promoting any form of sexual orientation.

This policy has been reviewed in accordance with the DfE Sex and Relationship Education Guidance that was issued in July 2000.

Point of reference: Bellevue Head Office, Board of Governors, SLT, SMT, PSHE & C Co-ordinator.

The role of the subject co-ordinator

The co-ordinators role is to:

- Monitor the standards of teaching and the children's work, ensuring continuity from year group to year group.
- Advise on in-service training to staff where appropriate and feedback on any developments in the subject.
- Help and support staff where necessary.

The role of the Form Tutor, teachers and other staff

The learning and promotion of SRE is embedded across the whole school. Children are in classes with a dedicated form tutor who is responsible for their pastoral care and will address any issues as they arise such as supporting pupils to take responsibility for their actions and the consequences of their actions and developing feelings of self respect and self-esteem. The personal beliefs and attitudes of teachers are not to influence the teaching of sex and relationship education.

Organisation and Inclusion

It is our intention that all children have the opportunity to experience a programme of Sex and Relationships Education at a level which is appropriate for their age and physical development with differentiated provision if required. With children with particular SEN (Special Educational Needs) or AEN (Additional Educational Needs), parents and the SHS SenCo may need to be consulted and lessons adapted accordingly. Parents have the right to choose to withdraw their children from these sessions and requests for withdrawal should be put in writing and addressed to the Headteacher.

Teaching and Learning

The teaching is covered throughout the school as part of tutor group lessons, PSHE, ICT, RE Science and Games lessons and with cross-curricular links with other subjects. This can be exemplified in Science lessons with the biological links such as understanding how their bodies will change and develop; for example, the teaching of the human life cycle stage of puberty in Year Five in the unit of work Animals Including Humans.

The Sexual Education content is taught during the last term of Year Six. Our Sex and Relationship Education supports pupils in developing self-confidence and preparing them for the physical and emotional changes as they move towards adulthood.

Our PSHE & C (Personal, Social, Health and Economic Education and Citizenship) lessons provide opportunities to teach and discuss how to keep safe and understanding the importance and diversity of family life, respect, love and care and self respect and self-esteem.

RE studies (based on the Hampshire 'Living Difference' curriculum) encompass family relationships, different family groups and friendships. We encourage discussions about emotions and the rituals and traditions associated with birth, marriage and death from different religious perspectives.

We aim to develop and enhance our pupils' understanding of the five British Values. The teaching and learning of tolerance and respect has particularly important links to the SRE Policy.

Children will learn about moral values through all aspects of school life, for example, through our dedicated series of assemblies which focus on a different theme each week.

All staff working at Sherborne House School must be aware that they help support the learning and teaching of SRE whether directly or indirectly - this includes the Learning Support Assistants, Teachers and support staff. Staff must be good role-models to the pupils. Learning and the development of self-esteem and relationships do not just take place through the taught curriculum, but through all aspects of school life including playtimes. Any time staff are dealing with children they must be aware that they have a responsibility to implement this policy.

Links between SRE and other curriculum areas

There are cross-curricular links to teaching SRE at Sherborne House School. The PSHE & C, RE and Science are particularly intertwined with personal, social, health, cultural and emotional issues. The promotion of the fundamental British values throughout the school reinforces the British values of tolerance, mutual respect and individual liberty.

Equal Opportunities and Safeguarding:

The curriculum at Sherborne House School is designed to ensure equal opportunities for all learners, regardless of ability, gender, ethnicity, religion or disability. As a non-selective school, we operate a Learning Support Policy and an enrichment programme to ensure the needs of all learners are met.

Within our curriculum, we build in opportunities for our pupils to understand safeguarding issues which may affect them and to ensure they feel safe and supported at school. Our PSHE and Citizenship curriculum affords opportunities to be responsive to arising issues, and cyber-safety awareness is taught throughout the curriculum. Sex and relationships

education is provided as appropriate for the pupils' ages and stages of development.

Staff are trained to be aware that they cannot promise confidentiality should a child disclose something of concern and will follow the school's Safeguarding Policy accordingly.

Under the 1993 Education Act, parents have the right to withdraw their children from all or part of the school's Sex Education programme except those in the statutory National Curriculum (biological aspects of human growth and reproduction).

Other policies and documents to be read (but not limited to) in conjunction with the Sex and Relationships Education Policy:

Admissions & Equal Opportunities Policy

Anti-bullying policy

EYFS Policy

EAL Policy

E-Safety Policy

Pastoral Care Policy

PSHE & C Policy

Safeguarding Policy

SEN Policy