



**SHERBORNE HOUSE  
SCHOOL**

# Sex and Relationships Education (SRE) Policy

This policy applies to all pupils in the school, including EYFS

Created	<b>July 2015</b>
Revised	<b>May 2017</b>
Date for revision	<b>July 2018</b>

## **Aims**

At Sherborne House School, part of the BELLEVUE group of schools, the teaching of Sex and Relationships Education (SRE) across the curriculum is a vital part of our children's education.

Our aim of SRE teaching is to ensure that our children:

- develop feelings of self-respect, self-esteem, self-confidence, sympathy and empathy
- to prepare our children for puberty (equipping them with information and knowledge)
- to develop feelings of respect and to care for their bodies
- to value themselves and others
- to make safe choices and take responsibility for their actions
- to understand the importance of family life and that all families are not the same
- to keep safe in relationships and keep their bodies safe
- to support children in taking responsibility for their actions and the consequences of their actions.

The teaching of SRE is also linked to the 5 outcomes of Every Child Matters - that children should: stay safe, be healthy, achieve and enjoy, make a positive contribution and achieve economic well-being. Thus we believe that the physical, emotional and moral development of our pupils is vitally important and that every child is entitled to receive Sex and Relationships Education.

In addition, the development of a secure understanding of the key five areas of British Values and Citizenship is an integral part of the teaching in our school. We aim to ensure that these fundamental 'British Values' (democracy, the rule of law, individual liberty, mutual respect and tolerance of those with different faiths and beliefs) flow across the whole school and are being actively promoted. Therefore, with regard to the teaching of Sex and Relationships Education the British values of tolerance, mutual respect and individual liberty are particularly important.

The mental health of our pupils and emotional well-being is of paramount importance and the confidence and self-esteem of pupils should be developed at every opportunity.

Our aims encompass helping children make informed personal and social choices. They should also be educated in the ways they can ask for help should they ever feel distressed or uncomfortable in a situation. At Sherborne House School, our Sex and Relationships Education is not used as a means of promoting any form of sexual orientation and we recognise the right of parents to withdraw their children from SRE lessons.

Point of reference: Bellevue Head Office, Board of Governors, SMT, PSHE & C Co-ordinator.

## **The role of the subject co-ordinator**

The co-ordinators role is to:

- Monitor the standards of teaching and the children's work, ensuring continuity from year group to year group.
- Advise on in-service training to staff where appropriate and feedback on any developments in the subject.

- Help and support staff where necessary.

### **The role of the Form Tutor and SRE teachers**

The learning and promotion of SRE is embedded across the whole school. Children are in classes with a dedicated form tutor who is responsible for their pastoral care and will address any issues as they arise such as supporting pupils to take responsibility for their actions and the consequences of their actions and developing feelings of self respect and self-esteem.

### **Organisation and Inclusion**

It is our intention that all children have the opportunity to experience a programme of Sex and Relationships Education at a level which is appropriate for their age and physical development with differentiated provision if required. With children with particular SEN (Special Educational Needs) or AEN (Additional Educational Needs), parents and the SHS SenCo may need to be consulted especially if a child has a low emotional or mental age - and lessons adapted accordingly. Parents have the right to choose to withdraw their children from these sessions.

### **Teaching and Learning**

The teaching of the Sex and Relationships Education is taught discretely and the Sexual Education content is taught during the last term of Year Six. Our Sex and Relationship Education supports pupils in developing self-confidence and preparing them for the physical and emotional changes as the move towards adulthood.

However, there are strong cross-curricular links. This can be exemplified in Science lessons with the biological links such as understanding how their bodies will change and develop; and the importance of good hygiene.

Our RE studies encompass family relationships, different family groups and friendships. We encourage discussions about emotions and the rituals and traditions associated with birth, marriage and death from different religious perspectives.

Our PSHE & C (Personal, Social, Health and Economic Education and Citizenship) lessons provide opportunities to teach and discuss how to keep safe and the understanding the importance and diversity of family life, respect, love and care and self respect and self-esteem.

We aim to develop and enhance our pupils' understanding of the five British Values. The teaching and learning of tolerance and respect is has particularly important links to the SRE Policy.

Children will learn about moral values through all aspects of school life for example, through our dedicated series of assemblies which focus on a different theme each week.

All staff working at Sherborne House School must be aware that they help support the learning and teaching of SRE whether directly or indirectly - this includes the Learning Support Assistants, Teachers and support staff. Staff must be good role-models to the pupils. Learning and the development of self-esteem and relationships does not just take place through the

taught curriculum, but through all aspect of school life including playtimes. Any time staff are dealing with children they must be aware that they have responsibility to implement this policy.

To promote child safety, internet safety and global citizenship there are opportunities for whole-school participation in various national and local events -these have included for example, NSPCC and Child line talks (with the Buddy program).

Children in Years 5 receive talks about growing up and puberty, and again when the children are in Year 6, about general sex education issues appropriate to their age. Parents are informed of these talks in advance; however; they may choose to withdraw their children from these sessions.

### **Links between SRE and other curriculum areas**

There are cross-curricular links to teaching SRE at Sherborne House School. The PSHE & C, RE and Science are particularly intertwined with personal, social, health and emotional issues. The 'Promotion of British values throughout the school reinforces the British values of tolerance, mutual respect and individual liberty.

### **Equal Opportunities and Safeguarding:**

The curriculum at Sherborne House School is designed to ensure equal opportunities for all learners, regardless of ability, gender, ethnicity, religion or disability. As a non-selective school, we operate a Learning Support Policy and an enrichment programme for gifted and talented pupils to ensure the needs of all learners are met.

Within our curriculum, we build in opportunities for our pupils to understand safeguarding issues which may affect them and to ensure they feel safe and supported at school. Our PSHE and Citizenship curriculum affords opportunities to be responsive to arising issues, and E-safety awareness is taught throughout the curriculum. Sex and relationships education is provided as appropriate for the pupils' ages and stages of development.

### **Other policies and documents to be read (but not limited to) in conjunction with the Sex and Relationships Education Policy:**

EYFS Policy

Anti-bullying policy

EAL Policy

E Safety Policy

Safeguarding Policy

Sex Relationships Education Policy

Special Needs Policy