



**SHERBORNE HOUSE  
SCHOOL**

## Non Smoking Policy

This policy applies to all pupils in the school, including EYFS

Created	<b>July 2015</b>
Revised	<b>November 2016</b>
Date for revision	<b>July 2018</b>

# (Non) Smoking Policy

## 1 Introduction

1.1 Sherborne House School is a non-smoking establishment. We believe that smoking is harmful to health, and so we strongly discourage our children from smoking.

## 2 Rationale

- Research shows that almost a quarter of all young people are regular smokers by the age of 15. Almost all adult smokers took up the habit when they were children. About 450 children a day take up the habit. Smoking is regarded by the medical profession as the major cause of many illnesses. It is estimated that approximately 120,000 smokers a year die in the UK because of their smoking habit. Children can be harmed by passive smoking, ie by inhaling smoke from other people's cigarettes. It is known that smoking is harmful to the unborn babies of mothers who smoke. For all these reasons, our School does all it can to discourage children from smoking, and to educate them, so that they grow up to lead a healthy lifestyle.

## 3 Aims & Objectives

We aim to:

- help children know and understand the dangers of smoking, and the harmful effects that smoking can have on their bodies;
- provide children with the knowledge and information necessary for them to make responsible choices in relation to smoking;
- equip children with the social skills that enable them to resist the pressure to smoke, either from their peer group, or from society in general.

## 4 Organisation

- We teach children about the dangers of smoking as part of their personal, social and health education (PSHE) programme.
- The dangers of smoking sometimes arise as an issue in science lessons eg when children learn about the way substances affect the body. When such an issue arises, the teacher deals with it in context, and answers the children's questions to the best of his/her ability, taking care to explain that smoking is dangerous, and should be avoided.
- Smoking may also crop up in general lessons / activities / playtime and staff deal with it accordingly depending on the situation, the child's age etc
- Parents may view any of the smoking-related teaching materials that we use in our School.

## 5 Adults

- Staff - We do not allow smoking on the School premises. Any member of staff wishes to smoke, s/he must leave the School site and do so at least 50m away from the School and not wearing any School Clothing. Should we find any member of staff smoking at School, we would consider this a serious breach of the terms of employment.
- Visitors – Parents are informed via the Parent handbooks that the site is a non-smoking site. Visitors are notified re this when they sign in. All staff are aware they should ask anybody seen smoking on site to distinguish it immediately and report the matter to the Health & Safety Committee.

## 6 Monitoring & Review

- It is the role of the Health & Safety Committee to ensure that this policy is fully implemented and appropriately reviewed.